



RETIRE UNITED. STAY CONNECTED.

LIVE UNITED

Retirement gives you the opportunity to do some great things

and perhaps the greatest is helping others. Whether you're newly retired or you've been retired for years, United Way offers great ways to stay engaged with your community.

Continue Giving

The beauty of monthly credit/debit card deductions is they're automatic! If you wish to continue giving, we're ready to help set it up for you. Some large employers will continue matching their retirees' donations if they're credited through the company campaign. If this is the case for you, we will be happy to help facilitate this to maximize your gift.

Visit www.uwcentralcarolinas.org/give to make your donation today!

Volunteer In Our Community

United Way's Hands On Charlotte can help you find ways to plug in that fits your passion and schedule.

- Become a weekly reading mentor through Tutor Charlotte
- Utilize your financial expertise to help a family manage their budget or complete their taxes.
- Lend your skills to support our nonprofit community.
- Learn new skills. Retirement is a great time to try something you've always wanted to try.
- Lead a project of your choosing.



Gather Together

Several times a year, United Way brings together our retired longtime supporters as a community. We can only include you in these events if we have your personal contact information. To keep in touch and learn more about retirement opportunities through United Way, please email retiree@uwcentralcarolinas.org.

Did you know?

Volunteering is good for you. A 2013 UnitedHealthcare survey found a strong correlation between volunteering and physical/mental health.

96% of respondents said that volunteering enriches their sense of purpose in life

76% of respondents said volunteering made them feel physically healthier

78% of respondents said volunteering lowered their stress level



United Way of Central Carolinas